

QUALITY

THE ASPIRATIONS JOURNEY...

- How do you want to live and what ideas do you have about the support you need?
- Who is involved in your life now and how would you like them involved?
- What information do you already have about your life that could help us?

- Our meeting happens
- Co-ordinator allocated
- One Page Profile & Perfect Week developed to agreed standards

- The information gathered pays attention to:-
- Like & admire
 - Matching support
 - Healthy & safe
 - Community inclusion
 - Housing

What are we learning about what the person wants?

A support plan is developed

How can we show that the person has been involved in the development of their support plan

Monitor action plan to see how long the process is taking against agreed timescales

Checking we have good match of our supporters to the person

How close is our support to the perfect week

Job spec - roles & responsibilities tailored to the person

Individual Support Contract

- Tailored made from the support plan
- Clear re 1:1 hours & shared support hours

How long it's taken to deliver our support from first conversation

Sampling working and not working 3 monthly

INFORMS LONGER TERM PLANNING

Person-Centred review happens every six months to the agreed quality standard

OUR FIRST CONVERSATION



GETTING TO KNOW WHAT MATTERS TO YOU AND THE PEOPLE IN YOUR LIFE



COMING UP WITH A PLAN TO SUPPORT YOU



- How did the plan feel?
- What else could we try?
- How much will it cost?

SUPPORT PLAN



ORGANISE & ARRANGE SUPPORT



DELIVER SUPPORT AND LIVE LIFE



MY PLAN



- Working/not-working
- Relationship circle
- Important to and how best to support
- Communication charts

- Community map
- Gifts & talents
- Perfect Week
- One Page Profile

- Good-Day, Bad-Day
- Routines
- Hopes & dreams
- Start of Person-Centred Portfolio
- Outcomes
- Support to confidence

- What did we try?
- What did we learn?
- What are we pleased about?
- What are we concerned about?
- What next?

PERSON-CENTRED RISK PROCESS

PERSON-CENTRED RECRUITMENT

JOB SPECS & ADVERTISEMENTS

- Perfect Week
- Matching support
- Roles & responsibilities sort
- Decision making profile & agreements

- Working/not-working - monthly summary

- Person-centred reviews
- 5 Ways to well-being

PERSON-CENTRED PRACTICE



FOR MORE INFORMATION PLEASE CALL: 0800 044 3255
OR VISIT OUR WEBSITE: www.aspirationscare.com